

Feb. 7-8, 2026  
*Weekly Morning to Sunday Afternoon*

**SEMINARY OF CHRIST THE KING VOCATION LIVE-IN**  
**HIGH SCHOOL Grades 7-11**

**TO SERVE IS TO REIGN**

Are You Interested... in the priesthood or the life of a religious brother, and want to see for yourself what seminary life is like? Come and see!

Spend Two Days... at the Seminary and become acquainted with other young men who have the priestly or religious vocation in mind.

Arrive... any time Sunday morning, preferably between 8:00-9:00 am.

Bring... a sleeping bag, school clothes, and some old clothes for sports, a towel, etc.

**PLANNING TO ATTEND:**

SCAN THE QR CODE TO REGISTER OR SEND AN EMAIL FOR A LINK TO THE APPLICATION FORM: [RECTOR.MINORS@SCK.CA](mailto:RECTOR.MINORS@SCK.CA)

SCAN THE QR CODE TO CHECK OUT A VIDEO ON THE SEMINARY

The High School Live-In will include interaction with priests, brothers and seminarians, daily Mass and prayer, recreational activities, sports, and some reflective reading. The suggested fee is \$40

**FUTURE LIVE-IN: July 4-5, 2026**

Vocation Live-In Seminary of Christ the King 700 West 39th Mission, BC V6V 4G5

Phone: 604.826.8751 Fax: 604.826.8752

Rector: Fr. Anthony Nguyen, OMI Email: [rector.minors@sck.ca](mailto:rector.minors@sck.ca) Website: [www.sck.ca](http://www.sck.ca)

**WORLD DAY OF THE SICK**  
**Mass of Anointing**  

Most Rev. Richard W. Smith  
PRINCIPAL CELEBRANT

Wednesday, February 11, 2026 at 11 a.m.  
Our Lady of Sorrows Parish  
555 Slocan Street, Vancouver  
Reception to follow in the Parish Hall

[rcav.org/world-day-of-the-sick](http://rcav.org/world-day-of-the-sick)

**Seminary of Christ the King Vocation Live-In:**  
 On Feb. 7th-8th, anyone wishing to enter the Seminary in the next couple of years is welcome. For more information at 604-826-8975 or [rector.minors@sck.ca](mailto:rector.minors@sck.ca)

**Trending this Week on Formed**

**Sunday Donations**  
**January 17 - 18, 2026**  
 Sat. 5 pm \$1230 from 24 envelopes = \$51.25 avg.  
 Sun. 9 am \$1376 from 44 envelopes = \$31.27 avg.  
 Sun. 11 am \$580 from 19 envelopes = \$30.53 avg.  
 Sun. 4 pm \$435 from 16 envelopes = \$27.19 avg.  
 Grand Total: \$3621 + \$278 loose = \$3899

**January 24 - 25, 2026**  
 Sat. 5 pm \$595 from 27 envelopes = \$22.04 avg.  
 Sun. 9 am 1085 from 39 envelopes = \$27.82 avg.  
 Sun. 11 am \$1315 from 38 envelopes = \$34.61 avg.  
 Sun. 4 pm \$240 from 9 envelopes = \$26.67 avg.  
 Grand Total: \$3235 + \$340.35 loose = \$3575.35

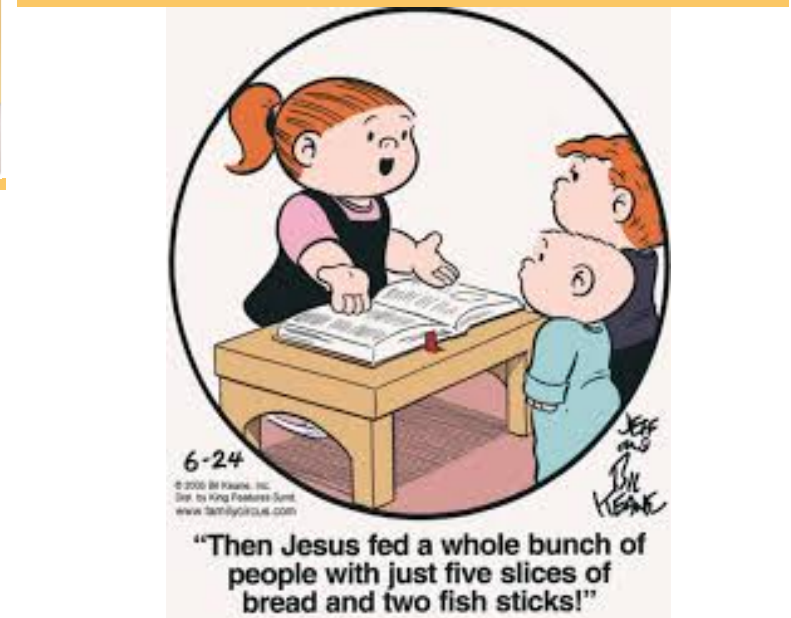
**In gratitude for your regular financial support!**

**LEAVE A LEGACY**  
 By remembering Sts. Peter & Paul Parish in your will, you leave a legacy in a place you love.  
 Consider a bequest to the Parish Building Fund. This will enhance the Church's mandate to sanctify and teach as we enter into our 2nd 100 years of service. May our Lord reward you in this life and in the next.

**2026 Sunday Offering Made Easy by Direct Deposit or Credit Card**  
 Thank you for your interest in Sts. Peter & Paul Parish's Sunday Offering Plan. This plan allows you to give your Sunday Offering on a monthly basis by direct deposit or credit card. It is the most convenient way to make your Sunday Offering. Your commitment to give this way also ensures that your Sunday Offering reaches us even if you are away or not able to come to our Parish in person. Instead of giving weekly, your Sunday Offerings would be simplified to one monthly donation. For more information, take the **PRE-AUTHORIZED DONATION BROCHURE**. 2026 PAD forms are now available from the website and vestibule.

**FORMED® New Formed Program**  
 To aid our parishioners' want and need for Catholic Resource, we are pleased to announce that we have set up, with the Augustine Institute, the new Formed program. This resource is **free** for parishioners of Sts. Peter & Paul Parish. All you have to do is sign up online via your computer or smart devices with the app. Steps for parishioners to register for free on FORMED:

- Go to "www.formed.org"
- Type "Saints Peter & Paul Vancouver" to find and click on our Parish **Saints Peter & Paul 1425 W 39th Ave. Vancouver, BC V6M 1T2**
- Click "Next"
- Type first and last name as well as your email and click "Sign Up"

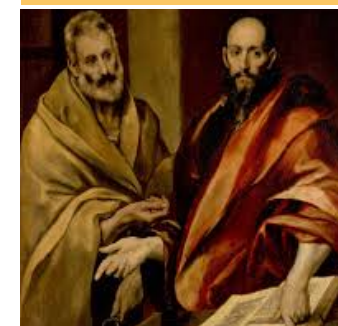


**Archdiocese of Vancouver**  
 Archbishop: Most Rev. D.D. Richard W. Smith

# SAINTS PETER & PAUL PARISH

**PASTOR: FATHER RON THOMPSON**  
**RECTORY/MAILING: 1425 West 39th Avenue Vancouver, B.C. V6M 1T2**  
**CHURCH LOCATION: 1430 West 38th Avenue**  
**PARISH OFFICE PHONE: 604-261-3535**  
**OFFICE HOURS: Tuesday - Friday: 9 am - 3 pm**  
**EMAIL: [parish.sspp@rcav.org](mailto:parish.sspp@rcav.org)**  
**OFFICE MANAGER: Thomas Nguyen**  
**OFFICE ACCOUNTANT: Theresa Inocentes**  
**PARISH WEBSITE: <https://sspeterpaul.ca>**

## FOURTH SUNDAY IN ORDINARY TIME FEB. 1ST 2026



**Welcome Visitors! New Parishioners!**  
 We are pleased to have you pray with us at Saints Peter and Paul. We hope you enjoy your visit to our beautiful Church. Please introduce yourself after Mass to Father Ron and parishioners; we would like to meet you!



**Fr. Ron Thompson Please Note:**  
 All requests of the Pastor are kindly asked to be made by phone during office hours, not by email. Thank you.

**ST. MICHAEL'S PRAYER**  
*St. Michael the Archangel, defend us in battle. Be our defence against the wickedness and snares of the Devil. May God rebuke him, we humbly pray; And do Thou, o Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.*

**Sunday Mass: Saturday: 5:00 pm**  
**Sunday: 9:00 am, 11:00 am, 4:00 pm**  
**Sunday Vespers & Benediction: 3:30 pm**  
**Weekday Mass: Monday: 8:00 am, Tuesday: 4:00 pm, Wednesday - Friday: 8:00 am**  
**Saturdays and Civic Holidays: 9:00 am**  
**Also First Fridays: Adoration: 12:00 noon - 4:00 pm, with Benediction: 3:45 pm, 2nd Mass: 4:00 pm**  
**East Side Adoration Chapel is Open: Tuesday - Friday: 9:00 am - 3:00 pm**  
**Confessions: Wednesday - Friday: 8:30 am, and Saturday: 9:30 am and 4:00 pm - 4:30 pm**  
**Marriage: By Appointment -- Notify 8 Months in Advance**

## SUNDAY READINGS: 4TH SUNDAY IN ORDINARY TIME

Paradox has sometimes been described as truth standing on its head. In today's readings the kingdom of God stands as the supreme paradox. In this kingdom everything which seems truly desirable is turned upside down. The prophet Zephaniah announces that those chosen to survive the dreaded upheaval of the "Day of the Lord" are not the rich and powerful but "a people humble and lowly." Paul informs the contentious Corinthians that God continues to choose not the wise, not the wellborn, not the strong, but the weak. Jesus himself claims that the genuinely blessed are not the prosperous and the successful but those who seem in fact badly treated by providence: the poor, the sorrowful, the needy, the persecuted.

What is this kingdom of God? Is it a home for riffraff? So it seems, according to the gospel. It is a place where tax collectors and prostitutes are welcomed before religious purists. It is a banquet whose guests have been gathered from the highways and the byways. It is a feast where the Lord himself sits down at table with sinners. It is not that the well-fed are unwelcome. Matthew, by offering a more spiritualized version of the beatitudes than Luke, suggests that the issue is attitude. Those who are well off by the standards of this world run the risk of complacency. Satisfied with all they have, they are content to seek no more. Not knowing they are hungry, they ignore the Lord's invitation to come and eat of the true bread of life.

Blest are they who know their need! They are free to seek first the paradoxical kingdom of God. And those who seek shall find.

**PARISH MISSION**

*No Greater Love: The Eucharist as Heaven On Earth*

Rev. Fr. Ricardo Pineda, CPM  
Mission Preacher

**Parish Mission Schedule**  
**Mon. - Thurs. Feb. 9th - 12th:**  
 8 am: Mass, followed by Confessions  
 6 pm - 6:45 pm: Confessions (Mon. - Wed.)  
 6:45 pm - 7 pm: Prayers (Mon. - Thurs.)  
**7 pm - 8 pm: Mission Hour** (Mon. - Thurs.)  
 8:15: Confessions (Mon. - Wed.)  
 8:15 pm - Social (Thurs.)  
**Mission Hour Topics:**  
 Unless You Eat My Flesh (Mon.)  
 Offering Acceptable Sacrifice (Tues.)  
 Returning Love For Love (Wed.)  
 The Life Changing Power of Adoration (Thurs.)



Fulton Sheen’s Warning is Uncannily Prophetic

What happens when we’re exposed to a relentless stream of highly emotional content? The effects are pretty scary. When you hear the words of Venerable Fulton Sheen and other holy men and women from the past, there’s a common reaction: surprise at how accurately they describe our present-day problems. The truth is that human nature doesn’t change. Sin doesn’t change. Temptation doesn’t change. No matter how much technology changes, we humans are the same. We keep needing the same advice and warnings ... and invitations to hope. So when we listen to the saints and holy people of the past, their words seem to speak directly to us today. A wise voice from the fairly recent past is Venerable Fulton Sheen, the archbishop and theologian who reached millions with his influential radio and Emmy-winning television show Life is Worth Living. His wisdom is still so relevant today. In fact, one of his quotations seems to describe our current 24-hour news cycle with uncanny foresight! Social media didn’t even exist back when he said these words, but it sounds as if he is describing it — especially the worrying effect it has on our ability to see things with right judgment. What happens when we’re exposed to a relentless stream of highly emotional content? Some content brings bad news, and some brings good news, but all of it is designed to play on our emotions. And the effects are pretty scary. “Pulled and pulled like the spring on a screen door” “Why can't you see that after a while, our emotions are like the spring on a screen door, pulled and pulled so often? And after a while, it loses all of its resiliency. And then later on in life, there come real objects and problems toward which the emotions of love and hate and anger and justice and so forth, should be aroused, but they become so exhausted, so emasculated, by being pulled at artificially, that they're no longer aroused. And that is why, in the face of social injustices, dishonesties, affecting one industry after another, and politics, we remain cold.”

Globalization of Indifference

When our emotions are constantly whipped back and forth, we actually lose our instinct to react the way we should to serious problems. We become numb. Decades after Sheen said these words, plenty of research confirms what he said. Stanford psychiatrist Anna Lembke, MD, author of Dopamine Nation, explains how social media and compulsive overconsumption can affect our brain chemistry: Feel-good substances and behaviors increase dopamine release in the brain's reward pathways. The brain responds to this increase by decreasing dopamine transmission — not just back down to its natural baseline rate, but below that baseline. Repeated exposure to the same or similar stimuli ultimately creates a chronic dopamine-deficit state, wherein we're less able to experience pleasure. We see the truth of what Sheen observed. A constant stream of emotional stimuli makes us less able to respond appropriately to things that matter.

We Can't be Indifferent

Pope Francis gave a similar warning, calling for an end to the “culture of indifference.” He urged the faithful to follow God’s example of love, “without ever turning away” from people’s needs, especially those of the poor. What’s the solution to chronic overconsumption? We can’t let these things take over our lives. Breaks from consuming news and social media are so important. We can't let ourselves stop caring about other people. And we need to be in contact with actual people. As much as technology helps us to stay in touch, we can't overestimate the importance of physical togetherness. Instead, prayer, time with our families, reading, social events with friends, hobbies, and many more valuable things can and should fill our lives. And when real problems arise — social injustices and sorrows — we won't be indifferent. We will be ready to respond appropriately, caring for others' needs and using our voices to call for justice and truth.



East Side (Ramp) Door Adoration Chapel Open:

For private prayer from Tues. to Fri. 9 am to 3 pm. This is a place for private prayer and reading, not vocal prayers. If needed, the parish office washroom is available during these hours: enter outside to the west side - to the office.

WEEKLY MASS INTENTIONS

SUNDAY, Feb. 1st - Fourth Sunday in Ordinary Time 9:00 am; 11:00 am; 4:00 pm - Parishioners MONDAY, Feb. 2nd - The Presentation of the Lord 8:00 am - Rosemarie Wertschek+ TUESDAY, Feb. 3rd - St. Blaise +316 4:00 pm - Ken Joseph Yung Hsiang Huang+ WEDNESDAY, Feb. 4th - Ferial 8:00 am - Fraser Ballantyne THURSDAY, Feb. 5th - St. Agatha +251 8:00 am - Roy McIntosh+ FIRST FRIDAY, Feb. 6th - St. Paul Miki and Comps. +1597 8:00 am - Doris Joseph 4:00 pm - Erceg Family SATURDAY, Feb. 7th - Ferial 9:00 am - Denis Kelly 5:00 pm - Ed Des Roches+ (Fifth Sunday in Ordinary Time)

Sunday Solemn Sung Vespers and Benediction:

Vespers at 3:30 pm and Mass at 4 pm. Join us for prayer.

Catechism Grade 1-7: “PREP” Classes begin Tues. Jan. 13th at 4:30-5:30 pm in the Church.

Registration forms (green) are available next to bulletin. For more info, please contact Parish office, Tues. - Fri. from 9 am - 3 pm.

RCIA Classes and Talks on the Faith: (This takes place in the Church) Tuesdays at 7-8 pm from Jan. 20th to Mar. 17th (8 wks)(Break Feb. 10th). Topic: Mary & the Saints, What happens after we die?

All are welcome to learn more about the Faith and for the non-Catholics who want to become one.

Before/After Mass Devotions:

A 2nd vigil light stand has been gifted to us from St. Pius X Parish for the right side of the sanctuary. “St. Joseph, pray for us.”

Envelope Boxes:

The 2026 envelopes are available at the East side of the back of the church. If you would like a box of envelopes, simply sign up in one of the red binders and they will be put out for you the next Sunday. If new, please fill out the New Parishioner Registration Form. Thank you for your support!

Building Fund:

N.B. All donations made to building fund go towards building our own Parish Centre and are not taxed the usual 15% by the diocese.

Office Mail Slot Location:

N.B. Mail slot is located at 1425 W 39th Ave.

Blessing of Cars or Religious Articles:

Please see Father after any of the Sunday Masses.

Blessing of Homes:

Please contact the parish office.

MARK YOUR CALENDAR:

Presentation of the Lord & Candlemas:

Blessing of candles this Mon. Feb. 2nd at 8 am.

St. Blaise:

Blessing of throats this Tues. Feb. 3rd at 4 pm.

Men’s Monthly Meeting:

This Wed. Feb. 4th at 7 pm in the Church.

Topic: “Life is worth Living” by Venerable (soon to be Blessed) Archbishop Sheen (+1979). Join us for discussion and refreshments.

First Friday Faith Studies:

This Feb. 6th at 10:30 am (Coffee at 10:15).

Topic: “Jesus and the Last Supper” by Dr. Brant Pitre. Anyone interested, both men and women, are invited to join us for discussion.

First Friday Benediction and 2nd Mass:

This Feb. 6th with Adoration at 12 noon to 4 pm, Benediction at 3:45 pm, and 2nd Mass at 4 pm.

Homilies for the Weekend of Feb. 7th-8th:

Will be given by Fr. Ricardo Pineda.

Pre-Lenten Parish Mission:

“No Greater Love: The Eucharist as Heaven On Earth!” Four-Night Parish Mission with Fr. Ricardo Pineda.

Mon. to Thurs. Feb. 9th–12th at Sts. Peter and Paul. Prayers at 6:45 pm and Conference Talk at 7 pm.

Tues. Feb. 10th Mass:

Mass will be at 8 am, no 4 pm Mass.

Upcoming Holidays:

Mon. Feb. 16th - Family Day Mass at 9 am.

Tues. Feb. 17th - Lunar New Year (Horse) Mass at 4 pm.

Palm Burning Ceremony:

On Tues. Feb. 17th at 4:30 pm.

Kindly place last year’s palms for the ashes in the bins provided on the front porch or in the vestibule. Everyone is welcome to join in the ceremony.

Ash Wednesday Masses:

Feb. 18th at 8 am, 4 pm, 7 pm.

October Holy Land Pilgrimage Tour Info:

On Sat. Feb. 21st at 10 am in the Church.

Lenten Stations of the Cross:

Wednesdays at 6:30 pm beginning Feb. 25th.

The Sacrament of Baptism:

Parents and Godparents are to be married in the Catholic Church, and parents need to be registered parishioners for at least 2 months.

Sacrament of Marriage:

Couples planning marriage (here or elsewhere) must contact the Parish Priest at least 8 months before the wedding. Must attend the Marriage Preparation Course and the Catholic is to be registered here, at least 6 months and regularly attending Mass here.